Training to You is located just minutes from downtown Phoenix. Close to hotels, public transportation, and local attractions such as the Phoenix Zoo.

**PARKING/DRIVING DIRECTIONS**

**Parking Rate:** Complimentary

**Parking Location:** Located just west of the building, a large overflow parking lot directly across the side street.

**Building Location:** Training to You is located 5 blocks south of Thomas Road and four blocks north of McDowell Road on Central Avenue (NW corner of Central Avenue and Cypress Street). It is the 6 story building with a marble entryway.

**HOTEL DETAILS**

Please follow the website below to access the current hotel information including the discounted rates, amenities, and reservation options. You will be taken to the Attune (Training to You) Phoenix homepage, please select the Lodging tab for hotel information.

Attune (Training to You) Phoenix Website: [https://www.attune.com/spaces/united-states/arizona/phoenix/training-rooms/](https://www.attune.com/spaces/united-states/arizona/phoenix/training-rooms/)

**TRANSPORTATION INFORMATION**

Valley Metro Shuttle System information can be found at [www.valleymetro.org](http://www.valleymetro.org).
**DINING OPTIONS**

Below are a few walkable lunch options:

- **Café at the Heard Museum**
  500 feet
  2301 N Central Ave, Phoenix
  Phone: 602.252.8840

- **Durant’s**
  0.3 miles
  2611 N Central Ave, Phoenix
  www.durantsaz.com

- **Switch Restaurant & Wine Bar**
  0.3 miles
  2603 N Central Ave, Phoenix
  www.switchofarizona.com

- **Oven + Vine**
  0.2 miles
  14W Vernon Ave, Phoenix
  www.ovenandvine.com

- **IHOP**
  0.2 miles
  2508 N Central Ave, Phoenix
  www.ihop.com

- **The Wild ThaiGER**
  0.4 mile
  2631 N Central Ave, Phoenix
  www.wildthaiger.com

Many more dining options are available within walking distance of Training To You.

**ADDITIONAL INFORMATION**

For more information on everything Phoenix, please visit [www.visitphoenix.com](http://www.visitphoenix.com).